

May 2024 events from Cheshire East Council Countryside Ranger Service

Cheshire East Council sent this bulletin at 24-04-2024 07:45 PM BST

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Ranger Events - May 2024

As you can see, from the photo above, the arrival of spring brings with it new life! Not just lots of wild flora and fauna but also new additions to the Bollin Valley Partnership conservation grazing Longhorn herd. The photo above is of Bollin York, who was born a few hours before the photo was taken.

It won't be long before cattle return to a number of our sites, for the summer, as part the conservation management of both Macclesfield Riverside Park, Tegg's Nose Country Park and Dane-in-Shaw Pasture SSSI. Please keep your dogs under close control around all livestock, both on our sites and generally in the wider countryside.

With the increase in active wildlife this month, we have a number of nature themed events this May. **Book your places ASAP to ensure you are able to attend.**

Scroll right to the bottom of the email to learn about the new Cheshire East Family Hubs Digital Offer.

May 2024 Events

Tuesday, 7th May - Outdoor Fitness Class at Astbury Mere Country Park

Are looking for a fitness class during the week that's outside and you can bring your child?

Open to everyone even if you are wanting to add extra training to your week or wanting to get fit after having a child in a very relaxed and friendly atmosphere. No matter what fitness level you are the class can be tailored to suit all abilities.



The sessions vary each week depending on numbers and the weather. They can include full body toning, cardio sessions, core work and flexibility.

Suitable for anyone over the age of 18. No booking necessary, just turn up and pay as you go £6 per person.

This event repeats every Tuesday morning of the month.

Time: 10.00am to 11.00am

Meeting point: Astbury Mere Country Park, Sandy Lane, Congleton, CW12 4FR (SJ846627)

Leader: Personal Trainer Kelly Morley

Information: 07803 245590 or [email Kelly Morley](mailto:kelly.morley@astburymerepark.co.uk)

(Car parking charge / Children must be accompanied by an adult / Healthy walk - Event / Partnership event / Please leave your dog at home / Please wear suitable boots and clothing / Refreshment stop, opportunity for refreshments / There is a charge for this event)

Sunday, 12th May - Outdoor Fitness at Tegg's Nose Country Park - May

A 2-hour outdoor fitness session for those wanting something a bit different as part of their fitness regime! The session will involve a warmup and cool down with running, steps, hill sprints along with a variety of exercises!



The class is not for the faint-hearted but for those wanting a challenge and who like being in the outdoors in a fantastic country park!

Booking and payment in advance is essential. Cost £17.50. Suitable for anyone over the age of 18.

Time: 9.00am to 11.00am

Meeting point: Tegg's Nose Country Park Visitor Centre, Buxton Old Road,

Macclesfield, SK11 0AP (SJ950733)

Leaders: Personal Trainer Kelly Morley

Information: 07803 245590 or [email Kelly Morley](mailto:kelly.morley@outdoorfitnessmacclesfield.co.uk)

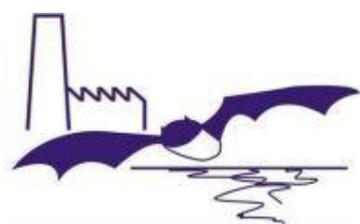
(Car parking charge / Healthy walk - Event / Partnership event / Places limited - please book in advance / Please leave your dog at home / Please wear suitable boots and clothing / Refreshment stop, opportunity for refreshments / Strenuous walking grade / There is a charge for this event)

Book tickets for Outdoor Fitness at Tegg's Nose Country Park

Friday, 17th May - Batty about Bats

Join South Lancashire Bat Group and Bollin Valley Partnership Ranger Nik on a majestic bat walk as the sun starts to fade and dusk draws in.

This is the perfect opportunity to learn more about bats in their natural environment. You will learn the importance of bats and you may even get to see and hear them. Learn how to identify different species of bat using bat detectors.



**SOUTH LANCASHIRE
BAT GROUP**

Registered Charity Number 1109519

Booking and payment in advance is essential. Adults £5, children 16 or under go free. Please bring a torch.

Time: 8.45pm to 10.00pm

Meeting point: Parish Hall Car Park, The Carrs, Cliff Road, Wilmslow, SK9 4AA (SJ847816)

Leaders: South Lancashire Bat Group and Bollin Valley Partnership Ranger Nicola Ginn

Information: 01625 374790

(Car parking charge / Children must be accompanied by an adult / Easy walking grade / Partnership event / Places limited - please book in advance / Please wear suitable boots and clothing / There is a charge for this event / Wildlife walk - Event)

Book tickets for Batty about Bats

Sunday, 19th May - Dog Behaviour Clinic with Vic Barlow, the Dogfather - May

Many owners of otherwise obedient dogs have trouble maintaining behaviour on walks. Dogs that will come when called in the garden often go deaf when they meet other dogs. Walking quietly to heel is often a problem in a more distracting outdoor environment.



During this short outdoor behaviour class, at Tegg's Nose Country Park, Vic will demonstrate, in a more natural environment, how to transfer good obedience work into the real world and also essential techniques for dealing with livestock encountered during walks in the countryside.

Following this free session there is the option of a short paid 'one to one' training session with Vic (Cost £10 - any funds raised will be donated to Animal Support Volunteers). Please [email Vic Barlow](mailto:vic@vicbarlow.co.uk) to also book a 'one to one' session.

Time: 10.00am to 2.00pm.

Meeting point: Tegg's Nose Country Park, Buxton Old Road, Macclesfield, SK11 0AP (SJ950733)

Leader: Local Dog Trainer Vic Barlow

Information: 01625 374833

One to One dog training booking: [Email Vic Barlow](mailto:vic@vicbarlow.co.uk) to book your session (Car parking charge / Easy walking grade / Partnership event / Please wear suitable boots and clothing / Refreshment stop, opportunity for refreshments)

Wednesday, 22nd May - Birds, butterflies & wildflowers of Higher Poynton

A leisurely walk around Jacksons' Brickworks Local Nature Reserve & the Middlewood Way. We will listen and look for the area's resident birds as well as early spring migrants including chiffchaff, willow warbler and blackcap.



We will also be on the lookout for spring butterflies including orange tip and brimstone, while enjoying the wildflowers along the way. This is a slow-paced walk of 1.6km (1 mile).

Booking and payment in advance is essential. Adults £5, children 16 or under go free.

Time: 9.00am to 11.00am

Meeting point: Jacksons' Brickworks Car Park, Pool House Road, Higher Poynton, SK12 1TY (SJ945844)

Leaders: Cheshire East Council Countryside Ranger Pete Dowse

Information: 01625 383700

(Bring binoculars if you have them / Children must be accompanied by an adult / Easy walking grade / Healthy walk - Event / Ideal for families and accompanied children / Partial accessibility - level or ramped access / Places limited - please book in advance / Please leave your dog at home / Please wear suitable boots and clothing / There is a charge for this event / Wildlife walk - Event)

Book tickets for Birds, butterflies & wildflowers of Higher Poynton

Thursday, 23rd May - Stream Dipping for Grown Ups – Tegg's Nose Country Park

Grown-ups grab your wellies and join Nature Stuff on a special stream dip session. Whether you are keen to rekindle your childhood memories of exploring nature or are a complete beginner wishing to learn more about our amazing British wildlife, this session is designed for you!



Booking and payment in advance is essential. Cost £17.50 per adult.

Time: 10.00am to 12.00pm

Meeting point: Teggsnose Reservoir car park, Holehouse Lane, Langley, SK11 0NB (SJ945718)

Leaders: Nature Stuff – environmental educators

Information: 07870804413 or visit the [Nature Stuff website](#)

(Partnership event / Places limited - please book in advance / Please leave your dog at home / Please wear suitable boots and clothing / There is a charge for this event / Wildlife walk - Event)

Book tickets for Stream Dipping for Grown Ups – Tegg's Nose Country Park

Thursday, 23rd May - Orienteering for All – Tegg’s Nose Country Park

An evening event held by Manchester and District Orienteering Club. Courses suitable for everyone, beginners and experienced orienteers. Families and groups welcome. **Instruction available. There is a charge for this event. Adults £7, Children £3.**



Everyone should Pre-register. Details can be found on the [MDOC website](#).

This will guarantee a map is available. Limited EOD (entries on the day), subject to map availability.

Please pay by contactless card at Registration on the day. Please arrive in time to pay before your start.

Time: 5.00pm to 8.15pm

Meeting point: Tegg’s Nose Country Park Visitor Centre, Buxton Old Road, Macclesfield, SK11 0AP (SJ950733)

Leader: Manchester and District Orienteering Club

Registration: [MDOC website](#)

Information: [Email MDOC](#), ring 0161 445 0902 or visit the [MDOC website](#)
(Children must be accompanied by an adult / Moderate walking grade / Places limited - please book in advance / Please wear suitable boots and clothing / Wildlife walk - Event)

[Register for Orienteering for All – Tegg’s Nose Country Park](#)

Tuesday, 28th May to Friday 31st May - Moorland Adventure May Half-Term Kids Activity Club

A great way to experience some varied exciting activities in the countryside with local experts Moorland Adventure! Based at Tegg’s Nose Country Park, each day focuses on different activities and it will give you a taste of adventure! **Suitable for anyone between the ages of 8 and 16. Booking and payment in advance is essential. All day 3 participants must be “Water confident”.**



Day 1 – Tuesday 28th May – Archery and Orienteering at Tegg’s Nose

Day 2 – Wednesday 29th May – Climb and Abseil at Tegg’s Nose

Day 3 – Thursday 30th May – Canoeing, Kayaking and Paddleboarding at Rudyard Lake

Day 4 – Friday 31st May – Bushcraft and Tree Climbing at Tegg’s Nose

Cost £38.50 per day or sign up for all 4 days for a reduced price of £135.

Activities run from 9.00am to 4.00pm but to allow for maximum flexibility, you can drop off your child from 8.30am and collect at any time between 4.00pm and 5.00pm.

Please bring a packed lunch and drinks with you each day.

Days 1, 2 & 4 Meeting point: Tegg’s Nose Country Park Visitor Centre, Buxton Old Road, Macclesfield, SK11 0AP (SJ950733)

Day 3 Meeting point: Rudyard Lake, Rudyard, ST13 8RN (SJ950580)

Leaders: Moorland Adventure

Information: 01625 573615

(Bring a packed lunch / Car parking charge / Partnership event / Places limited - please book in advance / Please wear suitable boots and clothing /There is a charge for this event)

[Book tickets for Moorland Adventure Half-Term Kids Activity Club](#)

Cheshire East family hubs digital offer is now live!



On 2nd April Cheshire East launched the [family hubs digital offer](#) - an online resource dedicated to sharing all the help, support and information that families need if they cannot access a physical family hub in the borough.

Family hubs bring council, health and community services together, so that families with children and young people can access the right help and support, at the right time. The support is available for children and young people from birth up until the age of 19 (or 25 for those with special educational needs).

Over the past twelve months Cheshire East already opened five physical family hubs across the borough and are looking to develop further outreach provision through family hub 'connect' sites – offering the opportunity for more in-person support.

The family hub digital offer is a series of webpages which have been created through Livewell, and have been developed to extend our outreach to families.

Through the site families can discover local events in the area, find out more about our SEND services, and the various family support available depending on a child's age.

[Read more in the Cheshire East media release.](#)