

NEWSLETTER



HELPING YOUNG PEOPLE FIND THEIR FEET



AllGood Cycling



MACCLESFIELD BIKEATHON FAMILY RIDE!



LOOKING FOR A VALUE FOR MONEY DAY OUT?!
SIGN UP TO OUR 12 MILE FAMILY RIDE!

SATURDAY 11TH MAY 2024

Starting from the Town Hall, Market Place, Macclesfield, SK10 1EA.
Goodies on the day include free ice-cream, completion certificate, and more!

SIGN UP AND FUNDRAISE FOR JUST DROP-IN!

Register
here!



Make it a sponsored
ride here!

A HUGE THANK-YOU TO ALL OUR SPONSORS!



PARENT WORKSHOPS



Please note that in order to access any of our parenting workshops, you must live in the Old Macclesfield Borough; this includes Wilmslow, Knutsford and Poynton.

Our parent workshops are designed to help inform & empower parents, to support their children's needs.

Please visit <https://www.justdropin.co.uk/contact-us/info-for-parents/> for more information on all courses and email: parenting@justdropin.co.uk to request a referral form.



Parent/Carer Peer Support Forum

For parents and carers of young people aged 8-18 living in Macclesfield who want support.

**Wednesday 15th May
6:30pm-8pm at Just Drop-In.**

For all enquiries or to book a place, email:
parenting@justdropin.co.uk



Sleep Workshop

Parent Course - Macclesfield

For parents of children aged 8 - 16yrs old,
living in the old Borough of Macclesfield.

Thursday 23rd May
5:30pm - 7:30pm
at Just Drop-In

For all enquiries or to book a place, email:

parenting@justdropin.co.uk



Mental Health First Aid - Macclesfield

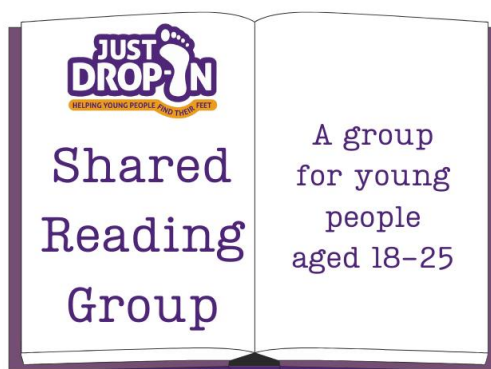
For parents and carers
of young people aged 11-18.

**Saturday 8th June, 9am-4pm.
ONE DAY course.**

For all enquiries or to book a place, email:
parenting@justdropin.co.uk



Thrive4Life
HUB



Shared Reading is a powerful group experience
that brings literature to life!

Each session, the group will meet to read a short
story or poem and discuss it together.

There's no pressure to read aloud – it's fine to
just listen.

Reading aloud in real time means everyone is
involved in a shared, live experience.

You don't have to attend each week – book on as
and when you are free.



Email
hello@justdropin.co.uk
or contact reception
to book on!



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