

# Our commitment to you.....

Our “Food For Life Served Here” menu means we serve  
*Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners  
and additives*

Our food is freshly prepared on site by professional staff  
who care about quality and ingredients

We support local wherever possible...our meat comes from  
*Quality Cuts of Sandbach, Littler's of Sandiway, Barrows of  
Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake  
oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

# Fresh Catering



Spring / Summer 2024

At:

Springfield School

April 2024						
M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May 2024						
M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June 2024						
M	Tu	W	T	Fri	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

July 2024						
M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

September 2024						
M	Tu	W	T	Fri	Sa	Su
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

October 2024						
M	Tu	W	T	Fri	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			





# Spring/ Summer Menu 2024

## Week 1

## Week 2

### MONDAY

Vegetarian Sausage  
Roll with Creamed  
Potatoes & Beans (v)

Pasta Italiane (v)

Orange Cookie,  
Yogurt or Seasonal  
Fruit Platter

### TUESDAY

Homemade Beef  
Lasagne with Garlic  
Bread

Jacket Potato with a  
Choice of Filling/s (v)

Chocolate Penny  
Biscuits or Seasonal  
Fruit Platter

### WEDNESDAY

All Day Breakfast

Plant Friendly All Day  
Breakfast (v)

Ice Cream & Fruit  
Coulis or Seasonal  
Fruit Platter

### THURSDAY

Southern Style  
Chicken with Savoury  
Rice & Salad

Vegetable Curry with  
Rice (v)

Carrot & Pineapple  
Cake or Seasonal  
Fruit Platter

### FRIDAY

Fish/ Salmon Fish  
Fingers with Chips &  
Baked Beans or Peas

Mini Omelette  
Popovers with Chips  
& Beans or Peas (v)

Chocolate Crunch  
Finger & Fruit Chunk  
or Seasonal Fruit

### MONDAY

Cheese & Tomato  
Pizza with Paprika  
Potatoes & Veg (v)

Pasta Carbonara

Melting Moments,  
Yogurt or Seasonal  
Fruit Platter

### TUESDAY

BBQ Pulled Pork in a  
Soft Tortilla Boat  
with Rice

Ravioli in a  
Homemade Tomato  
Sauce (v)

Tangy Lemon Cake or  
Seasonal Fruit Platter

### WEDNESDAY

Roast Chicken,  
Stuffing, Potatoes,  
Vegetables & Gravy

Quorn Fillet, Stuffing,  
Potatoes, Vegetables  
& Gravy (v)

Fruit Oatie Finger or  
Seasonal Fruit Platter

### THURSDAY

Chicken & Tomato  
Pasta Italiane

Jacket Potato with a  
Choice of Filling/s (v)

Shortbread Finger &  
Fruit Chunk or  
Seasonal Fruit Platter

### FRIDAY

Breaded Fish Star  
with Chips & Baked  
Beans or Peas

Vegetable BBQ Wrap  
with Chips & Baked  
Beans or Peas (v)

Summer Fruit  
Flapjack or Seasonal  
Fruit Platter